# Using recycled water for vegetables

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# National Vegetable Extension Network

VICTORIA - NORTHERN, WESTERN & SOUTH EASTERN

# **Overview**

Recycled water is used in nearly all Australian states for vegetable production. Recycled water irrigation schemes offer a number of benefits, including:

- Providing an alternative source or supplement to conventional irrigation water
- · Adding valuable nutrients
- Providing an alternative sustainable use for the community
- · Security for investment where water is scarce.

There are four classifications of recycled water which must be approved and endorsed by Environmental Protection Authorities and health departments, prior to local water authorities making it available to the community, industry and agricultural enterprises.

The four classifications are: A, B, C and D, which are based on the level of treatment and water quality.

**Class A recycled water**: Class A is the highest rating for recycled water used for irrigation and is equal to the most stringent guidelines worldwide. Australian standards for Class A recycled water exceed those recommended by the World Health Organisation for irrigation of food crops.

State Departments of Human Service and Environmental Protection Authorities (or the equivalent) set these strict guidelines to ensure the safety of growers irrigating with recycled water, as well as the produce grown with recycled water.

**Class B recycled water**: Class B recycled water may be used to irrigate sports fields, golf courses and dairy cattle grazing land. It can also be used for industrial wash down as well as for the uses listed for Classes C and D, but has restrictions around human contact.

**Class C recycled water**: Class C may be used for a number of uses including for cooked or processed human food crops including wine grapes and olives. It can also be used for livestock grazing and fodder and for human food crops grown over a meter above the ground and eaten raw such as apples, pears, table grapes and cherries. It can be used by councils for specific purposes but there are restrictions around human contact.

**Class D recycled water**: Class D has received the least amount of treatment of all four classes and may be only used for non-food crops such as instant turf, woodlots and flowers.



Irrigation with Class A recycled water from South East Water's Boneo Water Recycling Plant. Source: southeastwater.com.au Photo: Craig Moodie

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This project has been funded by Hort Innovation using the vegetable research and development levy and funds from the Australian Government. For more information on the fund and strategic levy investment visit horticulture.com.au A summary of the recycled water (also known as reclaimed water) classes and acceptable uses in horticulture crops is outlined in Table 1.

# Table 1: Recycled water classes and acceptable uses in horticulture crops

REUSE CATEGORY	MINIMUM Water Class	IRRIGATION METHOD	KEY MANAGEMENT CONTROLS FOR USE E.G. WITHHOLDING PERIOD	
Raw human food cro	ps exposed	to reclaimed w	ater	
Crops grown close to the ground and consumed raw (such as celery, brassicas, tomatoes, lettuce)	Class A	Unrestricted		
Root crops consumed raw (such as carrots, onions, radish)	Class A	Unrestricted		
Human food crops cooked (> 70°C for 2 minutes) or processed before human consumption, or consumed raw but with edible parts not exposed to reclaimed water				
Crops which are skinned, peeled or shelled before consumption (such as corn, peas, pumpkin, garlic, potato)	Class A Class C	Unrestricted Flood, furrow, drip,	Produce should not be wet from reclaimed water irrigation when harvested Dropped produce not to be	
Non food evens		sub-surface	harvested	
Non food crops	0			
Crops not for	Class D	Unrestricted	Restrict public	

Crops not for	Class D	Unrestricted	Restrict public
consumption (e.g.			access to
woodlots, turf			application
growing, flowers)			area. Harvested
			products not
			to be wet from
			reclaimed water
			when sold

Source: Use of Reclaimed Water EPA Victoria

The required reclaimed water grade for irrigation of human food crops (detailed in Table 1) depends on the potential for the edible portion of the crop to come into direct contact with the reclaimed water. This reflects both the irrigation method (such as spray, drip, flood, subsurface, or hydroponic systems), the crop involved (that is, whether the produce is grown in contact with the soil, or the produce has a protective and inedible covering), and the level of processing or cooking of the food prior to consumption.

# **Guidelines for recycled water**

Extensive guidelines for use of recycled water have been developed and enforced by Environmental Protection Authorities and health departments in most states of Australia. These departments provide the endorsements, guidelines and regulations concerning the use, environmental impact, food quality and safety of recycled irrigation water.

This guarantees a particular water class has the appropriate water quality parameters to fit the purpose the water is intended to be used for, such as irrigating horticultural crops. The guidelines ensure the microbiological and chemical safety of recycled water, and the quality of food and vegetable crops grown with it.

Guidelines specify the minimum water quality treatment objectives. Minimum objectives per water quality class are summarised in Table 2.

#### Table 2: Water quality objectives and agricultural uses per class

CLASS	WATER QUALITY Objectives	RANGE OF AGRICULTURAL USES - USES INCLUDE ALL Lower class USES
A	< 10 E coli org/100mL Turbidity < 2 NTU pH 6 – 9	Human food crops consumed raw
В	< 100 E coli org/100mL < 30mg/L suspended solids pH 6-9	Dairy and cattle grazing
C	< 1000 E coli org/100mL < 30mg/L suspended solids pH 6-9	Human food crops cooked/ processed, grazing/fodder for livestock
D	< 10000 E coli org/100mL < 30mg/L suspended solids pH 6-9	Non-food crops including instant turf, woodlots, flowers

Source: Use of Reclaimed Water EPA Victoria

# Potential issues with recycled water

Recycled water often has elevated salts and nutrients compared to conventional irrigation water. This can be helpful (through addition of extra nutrients) or can create potential issues such as increased soil salinity due to excessive sodium or chloride.

# **Salinity**

Recycled water often has higher salinity levels e.g. sodium and chloride than surface or groundwater sourced irrigation water. It is important to remember that the salinity levels of recycled water must suit the crop grown, soil irrigated and the irrigation equipment used.

Vegetable crop tolerances to salinity vary considerably. The soil salt tolerance levels of vegetables can be found on page 14 of Using Recycled Water in Horticulture (http:// www.recycledwater.com.au/uploads/File/documents/ Growers%20Guide%20web.pdf).

High salinity in the water and soil can affect the ability of plants to extract water from the soil, especially in stressful conditions such as high temperatures. Recycled water may need to be shandied (mixed) with alternatively sourced irrigation water to reduce salt concentration.

Table 3 identifies the level at which salinity parameters can create issues. High salinity parameters in recycled water used to irrigate vegetable crops may affect soil health and the growth, production and quality of crops.

#### Table 3: Salinity parameters

ANALYTE	PROBLEM ARISES	
pH (water)	> 8.6	
Chloride mg/L	> 350	
Electrical Conductivity dS/m	> 1.3	
Total Dissolved lons mg/L	> 850	
Sodium mg/L	> 100	
Boron mg/L	> 3	
Sodium Adsorption Ratio (SAR)	> 6	

Source NSW Department of Agriculture



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A high water pH can reduce the ability of plants to absorb certain nutrients, such as zinc, iron, manganese, or expose plants to greater risk of toxicity from specific ions, particularly sodium, boron and aluminum.

# **Sodicity**

Sodicity refers to the amount of sodium in the water or soil. This is usually measured in soil as the Exchangeable Sodium Percentage (ESP), which is the proportion of sodium as a percentage of all the exchange cations (such as calcium, magnesium, potassium).

The sodicity of water is measured as the Sodium Adsorption Ratio (SAR). In vegetable crops the SAR should not exceed 6 as this could lead to foliar damage or sodicity in the soil where soil structure and drainage issues may arise. To reduce high levels of sodium in soils gypsum applications are often used.

#### Boron

Higher concentrations of boron are often found in recycled water compared with bore and surface irrigation water. Plant sensitivity to boron varies significantly between vegetable crops and baseline soil concentrations of boron and plant sensitivities need to be considered before irrigation with recycled water.

# **Nutrients**

High levels of nutrients can be inadvertently applied when irrigating with recycled water. The amount depends on the source of the recycled water, treatment process (e.g. if nitrogen and phosphorus are removed) and amount of recycled water irrigated per crop. Table 4 shows a quick way of calculating the nutrients applied via irrigation water. If, for example, the irrigation water contains 10 mg/L of nitrogen and 5 mm of water is applied, then the amount of nitrogen applied to the soil is 0.5 kg/ha.

Table 4: Nutrient applied (kg/ha) in irrigation water (mm) ofdifferent nutrient concentration (mg/L) (note: mg/L = ppm)

WATER APPLIED	CONCENTRATION OF NUTRIENT IN WATER (MG/L)				
(mm)	1	5	10	15	20
1	0.01	0.05	0.10	0.15	0.20
5	0.05	0.25	0.50	0.75	1.00
10	0.10	0.50	1.00	1.50	2.00

Source: Good Practice Guide 2007 vegetablesWA

#### **Further information**

Each local water authority that supplies recycled water for irrigation of horticulture crops offers a monthly analysis rundown of the water quality which is available on their web site or from their office.

Further information is available through Environmental Protection Authority or your local water authority/supplier.



Source: westernportwater.com.au

#### Resources

- Using Recycled Water in Horticulture: A growers Guide, 2006, DPI Victoria
   http://www.recycledwater.com.au/uploads/File/documents/Growers%20Guide%20web.pdf
- Guidelines for Environmental Assurance. Horticulture for Tomorrow. 2nd Edition, 2014, Chapter 2, Water Management, Horticulture Australia Limited http://hoho3216.staging-cloud.netregistry.net/manage/wp-content/uploads/2014/04/EAG-2014-Chapter-2-Water-management.pdf
- Australian Guidelines for Water Recycling: Managing Health and Environmental Risks (Phase 1), 2006 http://www.agriculture.gov.au/water/quality/nwqms/nwqms-australian-guidelines-water-recyclingmanaging-health-phase1

#### References

- EPA Guidelines for Environmental Management; Disinfection of Reclaimed Water, 2003, Publication 730.1
- EPA Guidelines for Environmental Management, Use of Reclaimed Water, Publication 464.2
- Southern Rural Water, Soil Health Recycled Water Fact sheet
- Ward, AS, Advisory Bulletin Water Quality Assessment for Irrigation, NSW Department of Agriculture
- Vegnotes, Irrigating Vegetable Crops with Recycled Water, 2004, Horticulture Australia Limited
- Good Practice Guide. Nutrient Management, 2007, vegetablesWA

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